

## **SAFETY AND INSURANCE**

### **AALA**

The Adventure Activities Licensing Authority is the body responsible for regulation of adventurous outdoor activities in the UK. It is part of the government and of HSE and regularly inspects centres to ensure that safety standards remain high. Pendarren House is licensed by AALA to provide adventurous outdoor activities including our hillwalking expeditions. You can check the details of our license L10583 by visiting [www.aals.org.uk](http://www.aals.org.uk)

### **Qualifications**

All of our instructors hold at least a Mountain Leader award (the National governing body award for hill walking in the UK) and work with groups in the outdoors as professionals. They are also experienced drivers and hold DVLA minibus licenses.

### **First Aid**

All of our instructors hold a current, activity specific first aid qualification.

All participants will be trained in basic first aid and on what to do in an emergency before they move onto the more independent (remotely supervised) section of the training.

### **DBS checks**

All of our instructors are DBS (formerly CRB) checked as part of our child protection policy.

### **Insurance**

We are fully insured to carry out all activities offered at Pendarren House. Further details of our insurance policy are available on request.

The Duke of Edinburgh's Award Scheme provides a limited personal accident policy to all participants. Details can be found on the DofE website: <http://www.dofe.org/en/content/cms/leaders/insurance/>

Our insurance does not cover cancellations due to illness, or personal kit on expedition. We would recommend a travel insurance policy to cover this.