



PENDARREN HOUSE NEWSLETTER

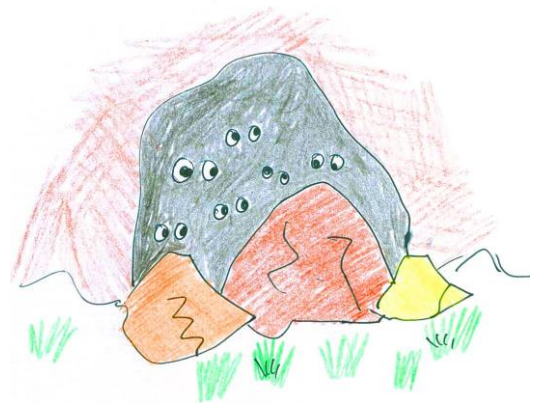
No. 25 January 2017

www.pendarren.org

NEWS

This newsletter covers the Autumn Term 2016.

The sheep have gone off for their winter holiday to give us some peace for a couple of months. Sheep outnumber people by 30:1 around here! The weather in autumn and winter (so far) has been very calm which means we have been able to carry on as planned for most of the time. As the river levels have been low the caving trips have not been affected very much; underground the temperature remains around 12C so in winter it's a warmer place to be.



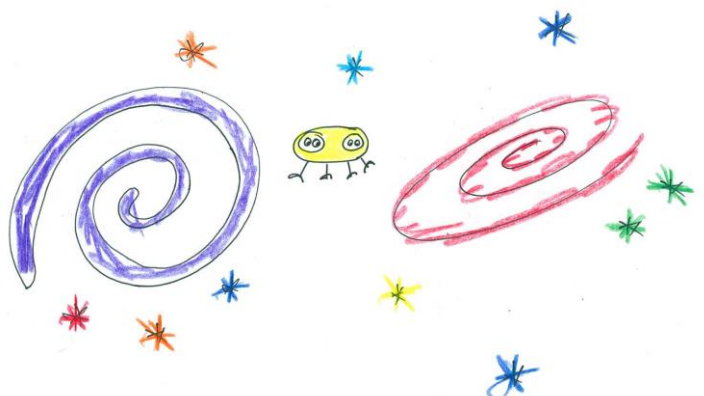
During a visit to Abergavenny the pupils of Devonshire Hill Primary School took part in the Remembrance Ceremony on 11th November at Abergavenny Castle. The Mayor and other officials conducting the ceremony were very pleased to have an audience as they let off the maroon (a big firework) at 11.00 am. The ceremony commemorates the ending of hostilities of the first world war "at the 11th hour of the 11th day of the 11th month".

BOOKINGS

Pendarren is now fairly full for the Summer Term 2017. The booking process for the academic year 2017 - 2018 has not been confirmed yet so at the moment Pendarren is not taking bookings for September 2017 onwards.

THANKS TO

Ray Floyd of St Francis de Sales Junior School for a donation to purchase a telescope for the Pendarren night sky evening activity. Pendarren is in a Dark Sky Reserve and the absence of street lights means the students can see the planets, space station, meteors, the Andromeda Galaxy (which is a mere 2.5 million light years away), and the stars of our own galaxy, the Milky Way. The Andromeda and the Milky Way galaxies are predicted to collide in 4.5 billion years so all those budding scientists out there have got plenty of time to work out how to propel the Milky Way out of harms way - or invent wormholes.



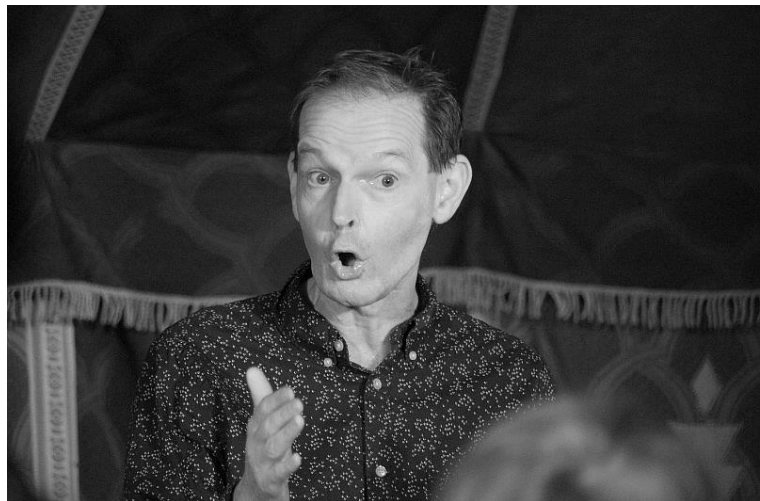
FRIENDS OF PENDARREN

A new Key Stage 2 activity is 'Time Travellers' – a mountain walk that looks at our landscape and the people who lived there from the Stone Age up to 1066. The Friends of Pendarren have purchased some resources to help bring the past to life during the journey. Pupils will learn about how the people coped as the climate changed, how they lived alongside woolly mammoths, sabre toothed tigers, hippos and cave bears and how waves of visitors changed the way they lived and the language of Britain.



The Friends purchased an outdoor table tennis table which has proved very popular, and have now purchased an outdoor football table too.

The Friends continue to subsidise our resident **storyteller** Daniel Morden. Daniel is the only Welsh artist to be nominated for the 2017 Astrid Lindgren Award. The Award is given annually to an individual or organisation who has made a significant contribution to children's and young adult literature. The current recipient of the award is Meg Rosoff, and other nominees include Michael Morpurgo and Chris Riddell. Daniel said, 'I am very honoured to be in such company.'



SUMMER HOLIDAY VISITORS

During the Summer holidays Pendarren ran a number of courses for individuals to join.

Mountain Leader Training Course 23 – 28 July 2016

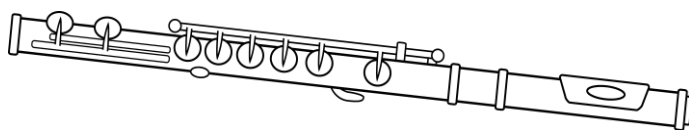
This is the qualification to have for adults looking to lead groups in mountainous terrain in Britain. The six day training course covers the syllabus for the nationally recognised scheme, and candidates will follow this up at a later date by attending a six day assessment. The syllabus includes navigation, camping skills, leadership skills, emergency procedures, weather forecasting, route planning and making risk assessments.



Pendarren will be running a **Lowland Leader Award** this spring aimed at adults who wish to lead groups in the countryside. Full details for both of this course and the Mountain Leader Training Course can be found at <http://www.mountain-training.org/>

Llangenny Flutes - Sarah Newbold and Zoe Smith **18 -23 July 2016**

Sarah and Zoe returned with their flautists for another Summer School course. The students on this open course are all Grade 8 in the flute and are tutored by professional musicians.



DofE Gold Residential Course **1 to 5 August 2016**

In the summer holidays Pendarren House ran a Gold DofE Residential course. The students spent five days and four nights taking part in a shared, worthwhile activity with people they've never met before. A DofE Residential boosts participants independence and confidence and is a great way to leave a positive footprint in their life and to learn about getting on with other people and working as team. Twenty participants from around Britain took part in a week of challenging activities that included caving, canoeing, climbing, environmental work and team challenges.

'I had a lovely week, made some new friends and overall exceeded my expectations. The food was great and the balance of activities we did was spot on'. - Tom

DofE Open Gold Expedition: **Training and Practice Expedition** **1 to 6 August 2016**

Participants took part in a successful training and practice expedition in the Brecon Beacons. The weather was good and the students learnt a lot about expedition skills as well as themselves. Good luck on your qualifying expedition. An Open course means it is available to anyone in the Gold scheme and is not tied to any school or organisation.



DofE Open Gold Expedition: **Qualifying Expedition** **8 to 12 August 2016**

Participants completed a successful open Gold qualifying expedition in the Black Mountains. The weather was good for the participants and they worked well together. Three of the students knew each other before the expedition, whilst the remaining three had not. The students started out from the Llanthony valley and finished at Pendarren House after three nights camping over 70 kilometres of walking and almost 3000 metres of ascent!



SCHOOL VISITORS:

Weston Park Primary School
9 to 13 September 2016

I think that this will really help me in Year 6 with working in a team when we do different things.

Emma

I enjoyed pushing my self to my limits because I was very proud of myself after I had done it. It was a whole new experience for me.

Elizabeth

It helps me in Year 6 because I learnt not to give up and to trust myself and to do things I thought I would never do!

Julia

I've got to know the people in my class a bit better. I've also learnt that I can complete things if I try.

Eliza

What was most fun was not always the activities, it was also being able to do things by myself. I also loved that we had to have a deadline for every activity and I really enjoyed it and would love to do it again.

Justine

Before Wednesday, I didn't really believe in myself that much but on Wednesday I climbed to the very top of the climbing wall, (the hardest route), and I have to say I felt very proud of myself - even when I saw half of the other group achieved the same. From that moment, I made myself believe I could do anything. The next day, I went caving. I easily slid through the letterbox because now I knew that if you believe that you can do it, then you can.

Summer

I really enjoyed Pendarren because I learned to do things that I would never usually do back in London. I had SO much fun with my friends doing awesome activities and I loved the views around us and all the wildlife. Thank you for helping me learn new things.

Marina



River Study

Campsbourne School
12 to 16 September 2016

Pendarren was fun and exciting and I enjoyed it lots!!! I would go again to learn even more stuff if I could!!!

Kate

I learned that I could do things I never thought I could do such as caving and I got closer to the people in my dormitory.

Naina

At first I felt homesick and couldn't sleep but after it was so fun.

Theo

I really enjoyed Pendarren because I got to do things on my own without anyone helping me. And it was better looking after myself than somebody else doing it. Thanks to Pendarren I'm very independent.

Carys

I had great fun at Pendarren and I learned how easy it is to do things on your own and work with others to solve things!!!! I had a great time and I learnt about three different type of rocks!!! It was so much fun :) :) :) *Laneashe*

I was really scared to go in the mine and the cave but my friends helped me face my fears. It was fun and exciting at Pendarren House. Thank you for this wonderful experience it was amazing!

Dominic

It was cool because I have never done thing that I hade done before it was great going to the river study, canoeing, going to the waterfall. But the best thing is going to go to the seaside. *Jean*



Waiting to descend the shaft into Big Pit

Stamford Hill Primary School
19 to 23 September 2016

The time I felt scared was when I climbed Sugarloaf mountain because it was steep and I thought I would roll all the way to the bottom.
Zervaun

Horse riding was fun because I got to move around and I learned more about horses. My favourite animals are horses now that I learnt and ridden one.
Ikram

I was scared that everything would be scary and there would be no talking but now I am amazed at everything!
Bledina

It was very very very fun here in Pendarren Hope to see you again.
Ceylin

I loved climbing the mountain and reaching the top. It was a really good experience to show you to be brave and more independent.
Romero

I really enjoyed all these different types adventures such as climbing the top of Sugarloaf mountain it was a lot of pressure but it was fun ! My favourite activity we done was going in the mines, it was so dark but cool.
Malika.

My favourite part was when we went to the river and there was boats and sir separate one and three people had to go on it and it was Michal, David and me, Esther. At the river we fell over into the river all my team and it was cold.
Esther

Pendarren has helped me to learn that it is better to be away from you parents because you grow up a lot more.
Akosua



Riding on Llangattock Mountain

Ferry Lane Primary School
19 to 23 September 2016

My favourite thing about Pendarren was when we all teamed up together and we worked as a team to solve problems. A time I was brave was when I did the rock climbing. *Rebeka*

I enjoyed Pendarren and it helped me to do more things than I thought I could. If I had three wishes at Pendarren I would do caving, climbing and canoeing.
Ivanna

A time I was brave was:

when went through the caves and small spaces.
Kyle

when I went into the cave and it had lots to holes to climb through.
Emirhan

when we entered the cave, and we had to fit through a small opening in a cave. *Denis*

when I went on the zipwire. *Maya*

when I done rock climbing. *Denim*

when I did the rock climbing because I realised I was good at it and didn't know I could climb so high!
Raina



Paddling on the
Brecon – Monmouthshire canal

St Aidan's Primary School
26 to 30 September 2016

I loved Pendarren, all the activities push you and challenged you to do more than you can. It was very fun, but you also learn a lot. My favourite was the river study and I learn the most about the river.
Esther

I love Pendarren and I hope every child who lives in Haringey should experience going to Pendarren or something like that to have their own feeling of freedom!
Alba

Tough but fun. Other people might find things hard and it's you who has got to help them. *Alfie*

All I want to say is thank you for having me Pendarren and my favourite places were canoeing, caving, river-study, mountain walk and the tuck shop. *Velda*

Pendarren should be a world wide school event. *Delia*

It helped me to eat better and look after myself and learn about my friends as well as my teachers. I did loads of activities and I really enjoyed it overall. *Milena*

It was great in Pendarren, although I was scared of quite a few things. I didn't feel like I would want to go back but I did enjoy it. The food was nice and it was much better than school dinners! *Lara*

It was bosssssssssssssssssssssssssssssss! *Ricchie*

It was an amazing experience I did things I have never done before. My favourite activity was coastal visit. We were working together and it was one the best times I have ever had. *Amelie*

At Pendarren I had a lot of fun and done things I always wished to do. I was never in any bad danger and I still had a team even if some of them were annoying. I learned also that you can't always be on your own even if you like it that way. Pendarren is a good place to do amazing things you never done and get over your fears. *Angel*

At Pendarren I learnt that challenging yourself is much better than staying in your comfort zone. It gives you more confidence and trust in yourself and others. So challenge yourself and have fun! *Alex*

At Pendarren I had a great time and did lots of amazing things that not many people get to do. Try and do things you wouldn't normally do and you will be proud of yourself. So if you go to Pendarren my tip is to try to get out of your comfort zone, challenge yourself and have a great time. *Will*



Inside the survival shelter

St Mary's CE Primary School 3 to 7 October 2016

When I fell in the water I felt like an iceberg! The water was as cold as the mountains in Finland.

Jaydon

We climbed a mountain called Sugarloaf. After we climbed hard rocks and hills we finally reached the top!! The view was amazing! Pendarren was the best, best, best, best, best thing ever. 1000000 stars!! *Eliana*

The activity I enjoyed the most was Sugarloaf mountain even though it was tiring. We saw lots of sheep, some were vicious and some weren't.

Kaleelah

I challenged myself during the Night Walk because it was pitch black but the rewards were amazing; sight of the Milky Way! *Roop*

I challenged myself a lot at Pendarren. The night Walk was terrifying and you couldn't see anything. I overcame all my fears at Pendarren. *Tommy*

Rock climbing ... as I stared at the rock wall with lots of different colours as hand holds I could feel the butterflies fluttering around my stomach. When I was about to climb the hardest course, which I had chosen, a broad grin spread across my face – I was determined to get to the top! *Elsie*

Adventure journey we slid through small tunnels and slid down slippery slopes. We slid on our tummies like penguins. *Jemima*

High ropes ... I loved the exhilaration of being up at the top of the world, it seemed, and the awful moment on crate stacking when you fell off till your rope caught. *Bethan*

On the last day we did bushcraft. We had to build a tent that we can stay in, then we went over to the big tipi and we had popcorn and hot chocolate.

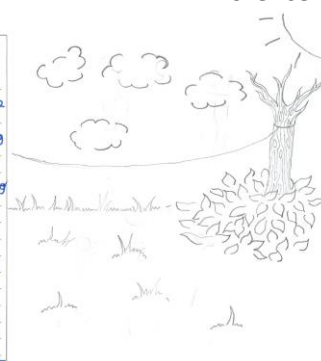
Florence

My Week at Pendarren
St Mary's CE Primary School

I have deeply enjoyed my experience in Pendarren. I challenged my self to do great things such as: filling through small spaces, being cold and wet and climbing high. I now know I can do all these things that I thought I couldn't do.

My favourite activity was climbing and abseiling. I really surprised my self climbing. I pushed my self when I thought I couldn't go on. I didn't really like it, I loved all of the activities and games. I had a great time.

My Rating: ★★★★★
Jess Indigo



St Thomas More RC School
10 to 14 October 2016

Pendarren was a very enjoyable experience and I hope to come back soon. *Halvin*

Zip-lining should be a priority. *Nyinka*

I enjoyed everyone and everything I learnt to trust some of my friends. I loved the food and I will improve the mini buses and the kit store. *Serena*

This trip was really exciting because I got to know new things about myself. And I got to know new people that I never knew. *Alex*

Pendarren was great and the activities are a great experience for anyone. *Connor*

The thing about Pendarren house is because of their amazing and helpful activities. It is most brilliant activities in the world because there is canoeing, climbing Table Mountain, caving and zip!! *Max*

The Pendarren 'journey' was extremely invigorating and was very helpful in building my confidence and the relationships I had with my teachers and schoolmates. *David*



Welbourne Primary School
10-14 October 2016

A great week was had by the students and staff from Welbourne Primary School. They loved meeting the ponies and scrambling around underground. They learnt to work well together and trust their peers, whilst facing challenges. The weather helped as it kept them smiling in the sunshine.

The pupils created T shirt designs to produce their own unique moment of their trip.



St John Vianney RC Primary
17 to 21 October 2016

I really liked to be here and I wish we could be here longer because next week is half term, all we might do is just play games everyday. While we are here we could do more things like to go different places. *Francisco*

My experience at Pendarren was amazing. I did things I thought I could never do in life. It has shown me that life is more than video games and computers. I would recommend Pendarren to people how need more confidence and self esteem. *Osato*

I am so happy that I learned how to ride a horse and how to canoe. I finally learned to be doing hard things by myself and helping a lot others. *Xavi*

That its always to have with everyone that means you could you could see what your friends can do and what teachers can do and really WHAT you can DO that not the best but its to see what you can do. *Nicola*

I want all my friends and family to come here for a holiday because it is a great place to do sport and outdoors and spend your days instead of staying home and watching TV and getting bored. Byyyyye!!!!!!! *Christian*

Pendarren has been a great experience for me and there was very challenging activities like horse riding canoeing and caving Pendarren has taught me how to stay away from electronics basically like phones tablets iphone ipad etc and how to do outdoor activities. *Raphael*

Pendarren is very interesting because we learn things. I LOVE Pendarren. On first night I was sacred but now I know the things. I have fun for five day in Pendarren. Think you. *Jessica*

I had so much fun in Pendarren and I recommend this to everyone! Everyone learned something new and if you come you will too! *Olivier*

Pendarren has been a once in a life time experience for me and I will never forget NEVER! I have enjoyed my self so much it was awesome !!!I will never regret this journey not even in a million years!!!!!!!!!!!! *Giulio*

Pendarren was very fun because we did very exiting activities and I learnt how to trust myself more. I feel more grown up than I did before I came to Pendarren and I also feel even more efficient than I did before. I also got to know my friends a lot more than I thought I would. *Federico*

This was really fun and if any one wants to try this I'm telling them this is really exciting. And you're going to get wet on caving, trust me. (Go to bed in the dorm or you're going to get a point off, just telling you). I wish the week will restart but it is finished for me. Be brave out there. *JJ*



Making beds/how to wear a duvet

Highgate Primary School 31 October to 4 November 2016

I really liked the climbing because I got faster and faster. It was really helpful when every body cheered us on. *Ripley*

I really enjoyed the high ropes but it would be really good if there was archery. I can't really talk to my teachers at school because they are busy. *Josh*

Pendarren is an amazing experience that hugely helps your independence skills. The activities were brilliant and they definitely challenged me in lots of ways. As well as this I learnt that water can get much colder than I thought. One thing on improvements is that I think they could mix the instructors between groups to make it more exciting but all of them were extraordinary. Overall, Pendarren was one of best experience I have ever had! *Jaren*

I thought that the rock climbing was a bit hard but did enjoy myself and also I thought that I couldn't get to the top of it but my friends gave me advice and I really pushed myself and got to the top of all 3 of the climbing walls. *Alex*

I think Pendarren is a really great place with a variety of activities I really had an amazing time. What I think that could make Pendarren better is they don't ring the bell in the morning instead they could just knock on the door and if that doesn't work just tap us even though it's funny to hear everyone get a fright. *Ellie*

I learnt lots of things about activities but most important of all I learnt to trust my friends. *Claudia*

My favourite part of Pendarren was at night. I liked how every night one girl in my room (before we went to sleep) asked everyone "Will we be still friends when we get back to school" and every night everyone replied, yes. We all learnt stuff about other people that we would never talk to before. *Noa*

Pros: tonnes of fun and an experience for many. The food was alright, but the breakfast excelled. Cons: The bell to wake you up was very unnecessary, they could've used a nicer, quieter noise instead of breaking everyone's eardrums. Overall, the whole experience was loads of fun and I would recommend to all. *Sophia*

Throughout my visit to Pendarren I learnt how trust everyone even if they are not my friends. It was a fabulous, wonderful and terrific experience. *Tobin*

I think Pendarren is a great place were children go in a child and come out a young man or woman and the staff are very kind for when we got scared and coming back home I will know more about all my friends and teachers. *Nelle*

I had lots of fun, I might even be Pendarren sick when I go home. *Saira*

Pendarren was a really great experience and was incredible and very fun. I have made new friends and gained a little more confidence. *Amelie*

I really liked working as a team when we were on the adventure walk. I learnt not to give up and look out for others on my team. I REALLY LIKE PENDARREN AND THE FOOD WAS GREAT. *Carter*

Pendarren taught me not to give up and keep going even if you want to stop. I pushed myself in ways I had never done before. *August*

I enjoyed my stay at Pendarren because I learned how to work as a team and I have made new friends and now we are all really close then we were before. *Rinca*



Climbing on the Pendarren tower

Devonshire Hill Primary School 7 to 12 November 2016

A time someone helped when I could not manage it was when we were climbing the mountain {Sugar Loaf} I was stuck and I held his wrist and he pulled me up. *Ozan*

Pendarren was a place where I fight my fears. It was great. xxx. *Sevilay*

I think Pendarren was really fun, I learned how to be independent and also I thought I would not be able to go in a cave and go in small spaces but I managed to do it by the help of my friends. *C.M.B*

Thanks for the outstanding trip/experience it was the best and also living 5days in a big house was cool. *Joshua*

This week has been one of the best weeks of my entire life. I did things that I didn't imagine myself doing. It has been an amazing experience. One of my favourite things about Pendarren is that we do lots of fun activities that teach you something different. They also teach you lots of different life skills. Overall, this has been a lovely stay and I hope to come back in the future. *Tiffany*

I did not like when we had to climb up the mountains but I really enjoyed the view on top of the mountains because I saw nearly the whole south Wales *A.S*



Inside the Tipi

Lancasterian Primary School 14 to 18 November 2016

We enjoyed making fires and climbing mountains. *Monet, Savana and Aleyna*

We enjoyed Pendarren because it is an amazing experience and can make you try new things that you never new you were capable of. *D'avion, Keliese and Destiny*

I loved Pendarren it was great it showed you loads of stuff u didn't already know. *Alv*

I liked Pendarren because it was so fun and we learned how bushcraft, canoe, high ropes so yeah I personally I think youngsters should come (also the food is scrumptious). *Blessing*

I though it was really fun and I learnt that I cant live without central heating. My favourite part was searching for animals in the tide pools and having a MASSIVE crab on my head! *Lisa*

The time in Pendarren helped me understand the conditions in wildlife and dangerous problems. I learnt that electronics and wifi is useless sometimes. *Arda & Kaya*

Pendarren is an educational place to stay in. It is a fun and exciting place also they have delicious, scrumptious meals everyday so you won't be hungry learned that life is much muddier than you think it is. If you come you will have an awesome time. *Defne*



Crate Stack on the High Ropes

Hereford Sixth Form 18 to 20 November 2016

DofE weekend: Hereford Sixth form brought 52 students to Pendarren for a weekend to learn about the different parts of the DofE scheme they would need to complete over the coming months. The weekend focused on expeditioning skills - equipment, route planning, camping skills and included a hike up Sugarloaf.



Stroud Green Primary School 21 to 25 November 2016

I think that I learnt to look after myself a lot more than I used to. *Keziah*

I now know that in Wales it's a lot more muddy and wet. Also the teachers are really, really nice and supportive!!! *Alida*

It was fun because we got to do lots of activities that we haven't done, my favourite part was when we doing bushcraft which involved fire. *Meri*

I really enjoyed Pendarren, because we got to know each other really well, the scariest was when we was doing the high ropes we felt like we was going to drop, I also was scared of the cave because some of the parts were deep, but we still enjoyed ourselves. *Jenaye*

The Pendarren trip was a good but there were times when it was terrific like when we hade the Christmas dinner that was good but nothing can top the waterfall we were soaking wet and our head were in the water man that was scary like I thought that I was going to die!!! *Shawn*

Pendarren helped me improve my self-esteem and made me feel like I could climb the highest mountain I also found out that if you set your mind to anything you could achieve it in wink of an eye. When I climbed the high ropes I thought I was going to fall then I was motivated by all my friends. *Jacqueline*

I LEARNT TO DO ALMOST EVERYTHING BY MYSELF WITHOUT MY FAMILY AND ALSO TO WORK BETTER WITH PEOPLE I DONT ALWAYS GET ON WITH ALSO I LEARNT TO TYPE A LOT FASTER. *NYRON*

The final night was definitely the best because of the high ropes, coal mine and dinner. *Oliver*

I really enjoyed everything we did, mostly the canoeing, going to the waterfall, climbing inside a cave and going in a coal mine and high ropes. The food was great, especially the desserts! I was excited to be with my friends like one long sleep-over! The funniest thing probably was when I got dipped in the water from the waterfall! *Magda*

Pendarren was one of my best experiences in my life I learnt how to communicate better and be a better friend. Pendarren gave me an opportunity of a life time, most of my time here at Pendarren was perfect, they gave me a chance to face my fears and

daily life skills this was one of my best experiences of my life so thank you Pendarren and all staff and friend that has helped me on this wonderful journey.

Sheray

I found Pendarren really helpful for my independence because my mum and dad do my jobs mostly. My favourite activity was the high ropes. My favourite meal was the Christmas dinner.

Arlo



Shelter building

Mulberry Primary School 28 November to 2 December 2016

I didn't give up when my feet were aching me while I was climbing the mountain. Today I learnt about the Romans and that was my favourite part of Time Travellers.

Fiona

I love Pendarren I think it is a good opportunity for people to step out of their comfort zone and to try things they would have never had wanted to do. I think that the staff are nice they push you to your limits so you can try something different.

Keiron

I liked Pendarren but it was a bit tricky. It was hard to climb the mountains but I did it so I am happy about it.

Azra

My favourite part of the seaside was going in the sea and collecting sea creatures and rocks. My biggest achievement was climbing mountains and not giving up. Overall Pendarren really helped me in life and I enjoyed it.

Abigail

My favourite part of the travellers was when we went to the cave I like the cave because I liked putting mud on my face and going through little gaps.

Eylul

My favourite part of the Time Travellers was being a roman and pretending to attack the Celts, which was the mountain we were climbing. If I could wave a magic wand and make it even better, I would add the ability to summon beasts!

Gokhan

The best part in my opinion, was when we went to the seaside because we got to see all these animals which lived in rock pools. I think you should travel more and go into new places that we never been in London.

Sara

Xing Yu and Terrell liked seeing the dogs on the walk. I liked building sandcastles and the sea.

Xing Yu

My favourite part of time travellers was when we learnt new things like how the Romans loved to steal things from the Celts because I LOVE filling my brain with lots of new things.

Ruby

My favourite part about the time travellers was when we went inside the yew tree in the church because I have never seen a yew tree before but I had heard of one it was interesting to find out facts about all the ages.

Rojav

What I like about Pendarren is when we got to go inside caves, walk up mountains, climb mountains and got to do time travel and solve murder mysteries.

Gokhan



On Sugarloaf Mountain

Rokesly Junior School 5 to 9 December 2016

Thanks again to the staff at Pendarren house, my favourite bit was caving especially the mouse hole and letter box :)

Ari

Although I was away from home all the staff made me feel welcome no matter what - especially when the cook dressed up as a reindeer from top to bottom!!!

Molly

I found Pendarren inspired me to do a lot of things I thought I couldn't. They have also taught me to look after myself more and clean and make my own bed/bedroom. *Katy*

Finding and watching the life of the river was really quite amazing. *Isaac*

I wish I was there right now, it was that fun. But I think when the other lot of children come you should make them do a lot more work instead of the fun things. And I would like to say THANK YOU for looking after me the way you did. *Morgan*

I LOVED Pendarren it pushed me to the limits and made me do things I thought I could never do. This was the best experience and I will never forget my stay. *Louis*

I loved my school trip to Pendarren house because I faced my fears and opened up my imagination. I will definitely recommend this place to my friend's school and I bet they'll love it there. Thank you! *Ella*

I found Pendarren really fun because all the teachers were really supportive and we got to do things I would never attempt to do. They always kept us busy and when we weren't busy we were still having lots of fun! Overall I really enjoyed Pendarren and I would without a doubt go again and experience all the exciting activities!!! *Grace*

I thought that Pendarren was a great experience. I learnt a lot about myself. I now can do stuff that I never knew I could do. It helped lots of us to face our fears. The one thing I also liked was the CAVING oh yes!!!!!!!!!!!!!! THE BEST THING EVER thank you Pendarren *Emily*

Pendarren made me think about what I can do better. It was also an amazing experience... I wish we could do it again! I learnt to do a lot of new activities. The whole experience has also changed the clothes I wear because it was cold so now I don't get cold as much. Not forgetting the evenings were also super fun. *Jessie*

I LOVED EVERY MOMENT OF MY EXPERIENCE OF GOING TO PENDARREN AND I LOOOOOOOOOOOOOVED THE HIGH ROPES AND GOING THROUGH THE LETTERBOX BUT BEST OF ALL THE DISCO YAAAA. *RUBY-SKYE*



Sgwd Clun Isaf on the River Study

The food was so nice and the waterfall was out of this world! *Hasan*

Rokesly Junior School 12 to 16 December 2016

I learned to trust my friend and that I'm not as alone as I thought I was. Also the staff are really funny and they can make you laugh whenever you are sad. *Hafiza*

Pendarren shows me that working together is important, and that sleep is way more important than you think! *Evelyn*

Pendarren helped me understand people better even if I thought I knew them. *Matilda*

Before Pendarren I was the youngest and the smallest and now after Pendarren I feel as if I'm the biggest and strongest. *Lili*

Pendarren helped me to find confidence in myself and do things I thought I couldn't do. My favourite thing we did was caving because I've never done it before! *Emma*

At Pendarren I realised that there are so many more things to do outside than I thought. Also I now understand how amazing and exciting the world we live in is. Pendarren has made me have more confidence in myself...and I really wish I could start this whole experience again! *Eden*

Pendarren is great and staff always listen to your suggestions and they are also hilarious. You learn so much about other people and have a better opportunity to learn about your teachers than you do in school. You have so much freedom and have to take responsibility for your own possessions. Staff and pupils alike are not afraid to take a challenge. This has been a great learning curve.

Rose

Pendarren was a very fun experience and we got to know the teachers better.

Nour

This was an absolutely amazing experience. Caving, rockpooling (especially the crab finding), I learnt a lot this week. I think that everyone should be here to learn a lot more about themselves.

Benjamin

I loved Pendarren so much I think its now so easy to talk to people and that you need to trust everyone. I also liked helping people.

Ava



Bushcraft

MORE THANKS.....

Thank you to the parents who have sent letters to Pendarren, they are much appreciated by the staff!

Thank you to all the pupils for their feedback and letters.

Thanks from a stallholder at Abergavenny Market who praised the pupils of Devonshire Hill Primary School for the way they conducted themselves during a trip to Abergavenny.

If there is anything you would like to see included in the newsletter, please let us know.



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